

Character's Name:

Character Overview

Date of Birth:

Eye Color/Shape:

Age:

Hair Color/Length:

Address:

Hair Texture:

Profession:

Tattoo:

Marital Status:

Glasses? Contacts?

Race:

Height:

Gender:

Weight:

Social Status:

Skin Tone:

Ethnicity:

Build/Cup Size:

Meaning of Name:

Lead Hand:

Nickname/Alias:

Scars/Handicaps:

Backstory

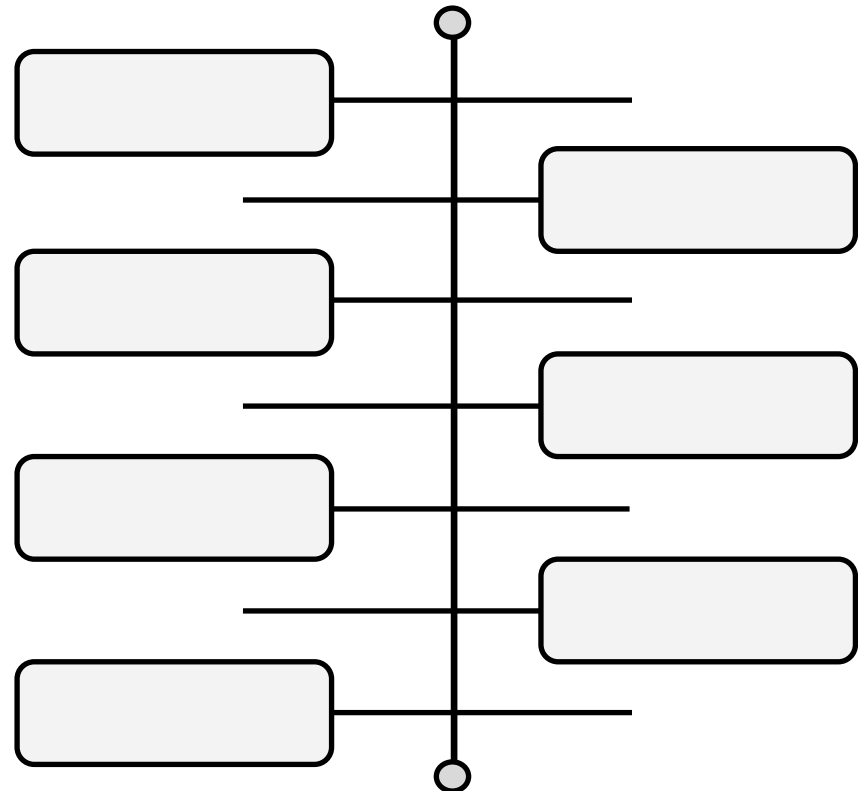
Born to _____ and _____
in _____, _____, _____

Childhood:

Adolescence:

Adulthood:

Timeline of Life Events



Archetypes

Nothing is 100% accurate, especially when it comes to personality tests. But they are a lot of fun! Myers-Briggs and Enneagrams are some of the more popular personality tests on the world wide web and a good resource to add some depth to your characters when followed as a loose guideline.

Myers-Briggs Type

Pick one of each that pertains to your character

Extravert

Prefers to be around people most of the time

Introvert

Prefers to be alone or in small groups most of the time

Sensing

Is a realist that prefers to focus on the facts and specifics

Intuitive

Is a dreamer that prefers to focus on what is possible and creative solutions

Thinking

Makes decisions based on impersonal, objective, and logical facts

Feeling

Makes decisions based on personal values and how it may impact others

Judging

Prefers a structured and fairly predictable environment to settle things

Perceptive

Prefers to keep their options open and are comfortable adapting

Result

--	--	--	--

Combinations

ISTJ	INFP	ESFP
INTP	INTJ	ENTJ
ISFJ	ESTP	ENTP
INFJ	ESTJ	ENFP
ISTP	ESFJ	
ISFP	ENFJ	

Enneagram Type

(Pick the one the best describes your character)

Type 1 - The Reformer

Ones have a "sense of mission" that leads them to want to improve the world in various ways, using whatever degree of influence they have. They strive to overcome adversity—particularly moral adversity—so that the human spirit can shine through and make a difference. They strive after "higher values," even at the cost of great personal sacrifice.

Type 2 - The Helper

Twos are either the most genuinely helpful to other people or, when they are less healthy they are the most highly invested in seeing themselves as helpful. Being generous and going out of their way for others makes Twos feel that theirs is the richest, most meaningful way to live.

Type 3 - The Achiever

Threes are usually well regarded and popular among their peers, the type of person who is frequently voted "class president" or "home coming queen" because people feel they want to be associated with this kind of person.

Type 4 - The Individualist

Fours feel that they are unlike other human beings, and consequently, that no one can understand them or love them adequately. They often see themselves as uniquely talented, possessing special, one-of-a-kind gifts, but also as uniquely disadvantaged or flawed. Fours are acutely aware of and focused on their personal differences and deficiencies.

Type 5 - The Investigator

Fives want to understand how the world works, whether it is the cosmos, the microscopic world, the animal, vegetable, or mineral kingdoms—or the inner world of their imaginations. They are always searching, asking questions, and delving into things in depth. They do not accept received opinions and doctrines, feeling a strong need to test the truth of most assumptions for themselves.

Type 6 - The Loyalist

Sixes are the most loyal to their friends and to their beliefs. They will "go down with the ship" and hang on to relationships of all kinds far longer than most other types. Sixes are also loyal to ideas, systems, and beliefs—even to the belief that all ideas or authorities should be questioned or defied.

Type 7 - The Enthusiast

Sevens are enthusiastic about almost everything that catches their attention. They approach life with curiosity, optimism, and a sense of adventure, like "kids in a candy store" who look at the world in wide-eyed, rapt anticipation of all the good things they are about to experience.

Type 8 - The Challenger

Eights enjoy taking on challenges themselves as well as giving others opportunities that challenge them to exceed themselves in some way. Eights are charismatic and have the physical and psychological capacities to persuade others to follow them into all kinds of endeavors. Eights have enormous willpower and vitality, and they feel most alive when they are exercising these capacities in the world.

Type 9 - The Peacemaker

Nines are typically "spiritual seekers" who have a great yearning for connection with the cosmos, as well as with other people. They work to maintain their peace of mind just as they work to establish peace and harmony in their world. Nines can have the strength of Eights, the sense of fun and adventure of Sevens, the dutifulness of Sixes, the intellectualism of Fives, the creativity of Fours, the attractiveness of Threes, the generosity of Twos, and the idealism of Ones. However, what they generally do not have is a sense of really inhabiting themselves—a strong sense of their own identity.

Character Psychology Chart: Part 1

*Time to really get to know your characters.
Here we will dive deep and reach deep down into their Psyche.*

Positive Traits:

- _____
- _____
- _____
- _____
- _____

Strongest Trait: _____

Quirks/Mannerisms:

- _____
- _____
- _____
- _____

Internal Motivation: _____

External Motivation: _____

Are they....

Direct and to the point
Oblique and Rambling

Proactive and Take Charge
Reactive and a follower

Humorous and Witty
Sincere and Earnest

Assertive
Passive

Pessimistic
Optimistic

Genuine
Put on airs

Negative Traits:

- _____
- _____
- _____
- _____
- _____

Weakest Trait: _____

Reason for Quirks/Mannerisms:

- _____
- _____
- _____
- _____



Character's Dark Side

Greatest Flaw: _____

Reason for Flaw: _____

Greatest Fear: _____

Reason for Fear: _____

Phobia: _____

Reason for Phobia: _____

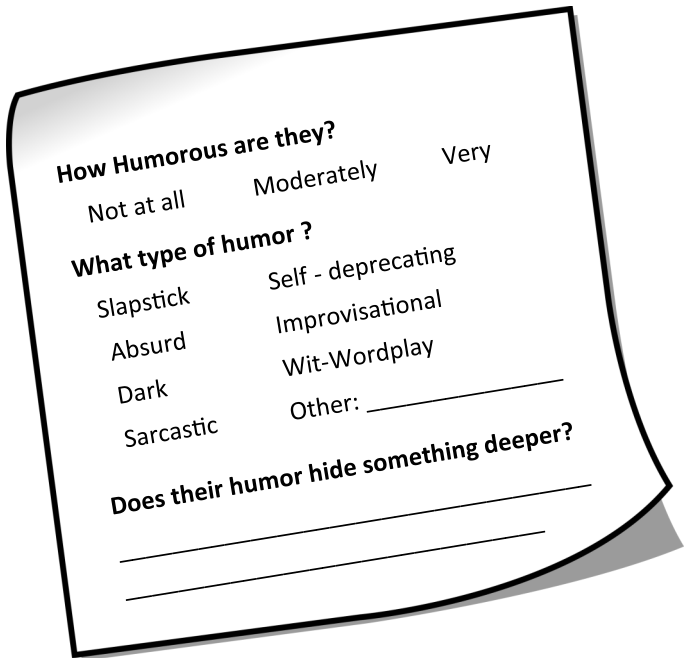
Biggest Secret: _____

Why is it a secret? _____

Does anyone else know this secret? _____

Character Psychology Chart: Part 2

*Time to really get to know your characters.
Here we will dive deep and reach deep down into their Psyche.*



How Competitive are they? _____

Do they make snap judgements or take time to consider? _____

How do they react to praise? _____

How do they react to criticism? _____

How do they respond to a threat? _____

Are they most likely to fight with their fists or their tongue? _____

What do they want? Why do they want it?

What are surface level desires they have? What is the one singular thing that they desire more than anything in the whole world? Once you've figured out what this goal is, dig deeper and discover the why behind it.

What do they subconsciously want? What do they need?

Characters are attempting to be human, and humans don't always know what they truly want, why they truly want it, and if it's actually what they want at all. Figure out if there are differences in the desires versus the needs, the perceived desires versus the actual desires.

What Scares them?

What really gives them nightmares? Fear they're not good enough, fear they're a failure, fear they'll never find love, fear they'll be a bad parent, fear they're going to die.

If you had to sum up what your character's values into 3 things, what would they be?

You must capture the essence of a person, of your character, quickly and accurately. To do this, you must know what is important to them. What does your character hold in the highest regard? What principle does your character live by? What drives them?

1. _____
2. _____
3. _____

What is your character's kryptonite?

Why? _____

Character Perception Chart

*Perception is a powerful thing. A lot of plots orbit around a misunderstanding due to something perceived in a wrong manner.
Let's see how your character sees things and how others see your character.*

How does the character perceive the world? _____

Are they right or wrong? _____

How does the character want to be seen by others? _____

Why? _____

How ARE they seen by others? _____

How does the character see themselves? _____

Are they accurate in how they see themselves? _____

How does the character view strangers? _____

How does the character view friends? _____

How does the character view family? _____

How does their family view them? _____

Why does their family view them in this way? _____

Is this an accurate perception of the character? _____

How does the character view their significant other? _____

How does their significant other view them? _____

How do they perceive their relationship? _____

Character Family Chart : Part 1

Family is an important thing. Mothers, fathers, siblings, grandparents, and so forth. They all take part in shaping a person from birth until early Adulthood. For some, the influence continues well into advanced years. Let's see how this character's family influenced them.

Parents

Alive

Deceased

Alive

Deceased

Mother: _____

Mother's Maiden Name: _____

Mother's Birth Date: _____

Mother's Age: _____

Brief Description: _____

Personality: _____

Are they Close? _____

Mother's Occupation: _____

Father: _____

Father's Maiden Name: _____

Father's Birth Date: _____

Father's Age: _____

Brief Description: _____

Personality: _____

Are they Close? _____

Father's Occupation: _____

Extended Family

Maternal Grandmother: _____ Alive Deceased Close? _____

Maternal Grandfather: _____ Alive Deceased Close? _____

Paternal Grandmother: _____ Alive Deceased Close? _____

Paternal Grandfather: _____ Alive Deceased Close? _____

Aunt(s): _____

Uncle(s): _____

Cousin(s): _____

Siblings

Sibling #1: _____

Birthdate: _____

Age: _____

Personality: _____

Brief Description: _____

Are they close? _____

Occupation: _____

Sibling #2: _____

Birthdate: _____

Age: _____

Personality: _____

Brief Description: _____

Are they close? _____

Occupation: _____

Sibling #3: _____

Birthdate: _____

Age: _____

Personality: _____

Brief Description: _____

Are they close? _____

Occupation: _____

Character Family Chart: Part 2

Family is an important thing. Mothers, fathers, siblings, grandparents, and so forth. They all take part in shaping a person from birth until early Adulthood. For some, the influence continues well into advanced years. Let's see how this character's family influenced them.

Family Relations

How is your character's relationship with their mother? _____

Their father? _____

Their siblings? _____

Their Grandparents? _____

Their Extended Family? _____

The Bonds that Bind

Who does your character trust? _____

Why? _____

Who would your character call if they needed advice? _____

Why? _____

Who does your character hate most? _____

Why? _____

Who would your character die for? _____

Why? _____

Character Relationship Chart

*Love 'em and Leave 'em, right? Possibly. Depends on how much damage the heart has endured.
How have past loves and losses - Romantic and Non-Romantic - shaped this character?*

Those Around Us

How healthy are your character's relationships? _____

Are there people supporting them? _____

Are there people tearing them down? _____

How does this affect your character? _____

Inner Workings of the Heart

What does your character look like in a relationship versus being single?

Has your character ever been in love? Yes No

Has your character ever been in lust? Yes No

How is their romantic relationship, if they have one? _____

What is the most significant romantic encounter of your character's past? _____

How have past negative relationships shaped your character into who they are today? _____

Top 5 People

*Who are these people? What is their relationship? How do they influence your character's thoughts, behavior, and perception? What phrasings do they use with each other?
What activities do they do together?*

Name: _____

Influence: _____

Relation: _____

Name: _____

Influence: _____

Relation: _____

Name: _____

Influence: _____

Relation: _____

Name: _____

Influence: _____

Relation: _____

Name: _____

Influence: _____

Relation: _____

Character Childhood Chart

From sweet memories or haunting nightmares, what does your character remember about their first impressionable years and how did it affect them?

What is your character's birthday? (Be Specific) _____

What social class were they born into? _____

Were they wealthy, poor, comfortable? _____

Who raised them? (Both parents, one parent, grandparents, etc.) _____

Were they an only child? Adopted? Raised by a single parent? Part of a nuclear family? _____

How well did your character get along with their family while growing up? _____

What family structure did your character have growing up?

Who does this character love most as a child? _____

Is your character an introverted or extroverted child? _____

What was their childhood ambition? _____

How were they educated as a child? _____

How did they do in school? _____

Did they have a childhood sweetheart/crush? _____

Did any major world conflict or change in the world affect them? _____

What smells remind them of their childhood? _____

5 Important Things that happened to them as a child:

1. _____

2. _____

3. _____

4. _____

5. _____

Best Memory

Worst Memory

Character Adolescence Chart

A time when there are more questions than there are answers. This is when your character is trying to figure out who they are, where they belong, and where they want to go. Did they find their way or get lost down the darkest road?

Is there anything that happens during these years that forces your character to mature more or less quickly? _____

What is the character's relationship with their caregivers like? _____

Is your character independent? Do the caregivers give him or her more or less freedom and responsibilities than the average teenager? _____

Is your character prepared to become an adult? _____

Does your character know what he or she wants to do as an adult? _____

Where do they go to school? _____

Do they like school? _____

What is their favorite subject? _____

Have they had their first kiss? _____

Are they in love? _____

Are they sexually active? _____

Have they discovered their sexual orientation? _____

If so, what is their sexual orientation? _____

How do they feel about it? _____

5 Important Things that happened to them as an adolescent:

1. _____
2. _____
3. _____
4. _____
5. _____

Best Memory

Worst Memory

Character Adulthood Chart: Part One

*Though the threshold has been crossed into adulthood, it does not mean that they have everything figured out.
Let's see what your character has pieced together and what they have yet to discover.*

Did your character complete his or her education? _____

Does the Character go to College/University? _____

What goals have they set for themselves now that they are an adult? _____

What is their intelligence Level? _____

Do they have a natural talent for anything? _____

Do they enter any specialized training programs? _____

Does he or she live alone or with somebody? _____

What is their dream job? _____

What is their current job? _____

What do they think about their current job? _____

What are some of their past jobs? _____

What are their hobbies? _____

Do they do charity work? _____

5 Important Things that happened to them as an adult:

- _____
- _____
- _____
- _____
- _____

Best Memory

Worst Memory

Character Adulthood Chart: Part Two

*Though the threshold has been crossed into adulthood, it does not mean that they have everything figured out.
Let's see what your character has pieced together and what they have yet to discover.*

How does your character behave? _____

What is the worst thing your character has ever done? _____

What is the best thing your character has ever done? _____

What is your character's most embarrassing moment? _____

What advice would they give to their younger self?

What do they do first thing on a weekday morning?

What do they do on a Sunday afternoon?

What do they do on a Friday night?



What is on your character's Bucket List?

- _____
- _____
- _____
- _____
- _____
- _____
- _____

*check off the
ones they
have done so
far*

Character Sex Chart

*S-E-X is very important to most. How much does it matter to your character?
How comfortable is your character under the sheets?*

What is your character's sexual identity? _____

Does it differ from when they were adolescent? _____

What are your character's sexual preferences? _____

Where does your character fall on the Kinsey Scale?

- 0 | Exclusively heterosexual
- 1 | Predominantly heterosexual, only incidentally homosexual
- 2 | Predominantly heterosexual, but more than incidentally homosexual
- 3 | Equally heterosexual and homosexual
- 4 | Predominantly homosexual, but more than incidentally heterosexual
- 5 | Predominantly homosexual, only incidentally heterosexual
- 6 | Exclusively homosexual
- X | No socio-sexual contacts or reactions

What is your character's level of sexual experience?

Inexperienced Lover

Clumsy Lover

Selfish Lover

Abusive Lover

Mediocre Lover

Talented Lover

Exceptional Lover

Teasing Lover

Responsive Lover

Talkative Lover

Mind-Blowing Lover

Adventurous Lover

Experimental Lover

Clueless Lover

Quickie Lover

Passionate Lover

Controlling Lover

Self-conscious Lover

What sexual experiences or choices does your character feel especially good or bad about? _____

Does your character have any rules when it comes to sex? _____

Does your character sleep with just anyone or do they have to get to know someone? _____

Has your character ever been sexually abused? _____ Do they consider themselves a: Victim Survivor

Did they overcome it? How? _____

Character Likes and Dislikes Chart

What makes them happy and what makes them cringe.?

	Most Favorite	Least Favorite	Why?
Day of the Week			
Food			
Color			
Place			
Season			
Holiday			
Song			
Thing to Do			
Scent			
Movie/Play			
Book/Author			
Weather			
Drink/Alcohol			
Sleeping Postion			
Pet/Animal			

Likes

What makes them happy? Peace and quiet? Structure? Being around good friends?

1. _____
2. _____
3. _____
4. _____
5. _____

Dislikes

What makes them cringe? Loud music? Crying babies? Crowds?

1. _____
2. _____
3. _____
4. _____
5. _____

Character Physical/Aesthetic Chart : Eyes

On the first page, you notated your characters physical attributes. Here we will be a little more creative in describing your character.

What color are your character's eyes?

NOT blue, green, hazel, brown. Be specific (e.g., "chocolate brown," "silver-blue," "dark green with flecks of golden-brown").

List five things that resemble the color of your character's eyes:

1. _____
2. _____
3. _____
4. _____
5. _____

Does the character like the color of their eyes?

Why or why not? _____

Do they have long or short eyelashes? _____

Do they shape their eyebrows? _____

Shape of their eyebrows: _____

Any piercings/Tattoos around the eyes? _____

Eye Metrics

Metric #1 Shape	Almond	Round			
Metric #2 Size	Large	Small	Average		
Metric #3 Situation	Monolid	Hooded	Crease	Deep Set	Prominent
Metric #4 Setting	Wide	Close	Proportional		
Metric #5 Position	Upturned	Downturned	Straight		

Shape: Stand in front of a mirror. Make sure that your head is straight. Can you see the white of your eyes either above or below your iris's (aka the colored part of your eye)? If no, then you have an almond eye shape. If yes, then you have a round eye shape.

- **Almond:** Almond shaped eyes are named so because the opening of the eye looks like the shape of an almond. They are more angular, and sometimes categorized as being a sharp feature.

- **Round:** Round eyes are often referred to as "doe eyes". Of course, round eyes will still have a slight slant.

Size: The size of your eyes is the combination of the vertical and horizontal measurement. Most of the time you should be able to look at your eyes and tell if they are large or small. If they seem like neither then they are most likely average.

Situation: "The situation" is what I'm using to define the relationship between your brow bone and eye lids.

- **Monolid:** Typical for Asians. The fold of the eye is at the lash line and there is not a prominent brow bone. Which means there is no crease in the eye lid area at all.

- **Hooded:** Does not have very much visible eye lid when the eye is open. There is typically a prominent brow bone and the skin from the brow bone covers the eyelid.

- **Crease:** Which means that you can see your eyelid when your eyes are open. As long as your eyes aren't prominent/protruding then you qualify as having a visible crease.

- **Deep Set:** Has a strong brow bone all the way across the top of the eye, but they don't have the "overhang" in the outer third like the hooded eye has. With deep set eyes, it's as if the eyes are further back in the skull. They are often mis-judged as hooded.

- **Prominent:** Commonly called protruding eyes, are the opposite of deep set eyes. They usually have a "lower lid" (aka a crease under the eye but not the tear trough), and they sit more on the outside of the eye socket area.

Setting: Look at where your eyes are set/sitting in relation to each other.

- **Average:** This means that the distance between your eyes is equal to the length of one of your eyes. This is a very proportional setting.

- **Wide Set:** This means your eyes have more distance between the eyes.

- **Close Set:** This means that your eyes have less distance between the eyes.

Position: If you drew a line straight across your eyes where do the outer corner of your eyes go? Above the line would mean that you have upturned eyes. Below the line would mean that you have downturned eyes. Lastly, if your eyes are pretty close to that straight line then they are straight.

Character Physical/Aesthetic Chart : Hair

On the first page, you notated your characters physical attributes. Here we will be a little more creative in describing your character.

What color is your character's hair?

NOT red, blonde, brunette, black. Be specific (e.g., "russet," "strawberry blonde," "raven black," "the color of a caramel macchiato").

List five things that resemble the color of your character's hair:

1. _____
2. _____
3. _____
4. _____
5. _____

Does the character like the color of their hair?

Why or why not? _____

What is the length of their hair? _____

What is the texture of their hair? _____

Do they dye their hair? _____

How do they typically wear it? _____

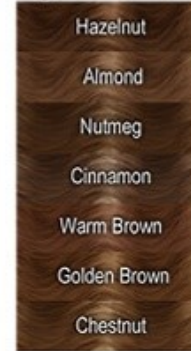
Light Blond Pack:



Copper Pack:



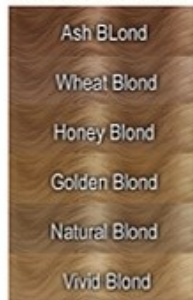
Light Brown Pack:



Black Pack:



Dark Blond Pack:



Red Pack:



Dark Brown Pack:



Crazy Pack:



Descriptive Words for Hair:

Hair color: black, brunette, brown, chestnut-brown, blond, honey-blond, golden-blond, ash-blond, fair, corn silk, auburn, red, strawberry-blond, gray, silver, white, salt-and-pepper
Texture or appearance: wispy, fuzzy, wavy, curly, kinky, frizzy, wild, untamed, unmanageable, straight, spiky, stiff, buzzed, shaved, trimmed, parted, neatly-combed, tamed, cascading, long, short, cropped, dull, shiny

Hair styles: braids, ponytail, pigtails, bun, messy bun, twist, bob, ringlets, flip, cornrows, extensions, bangs, buzz, layered, feathered, chopped, gelled, spiked, slicked down

Lots of hair: thick, full, lustrous, bushy, coarse, wiry, stiff

Little hair: thin, scraggly, fine, baby-fine, downy, wispy, limp, flat, balding, bald, bald spot, receding (gradual loss of hair at the front of the head)

Treated hair: permed, dyed, bleached, highlighted, weaved, streaked, colored

Character Physical/Aesthetic Chart : Hair

On the first page, you notated your characters physical attributes. Here we will be a little more creative in describing your character.

What color is your character's skin?

NOT white, black, tan. Be specific (e.g., "latte-with-extra-soy," "pale as ivory," "the color of golden-glazed bread fresh out of the oven").

List five things that resemble the color of your character's skin:

1. _____
2. _____
3. _____
4. _____
5. _____

Do they have wrinkles? _____

How do they feel about their wrinkles? _____

Do they have a blemished complexion? _____

What do they do about improving their complexion? _____

Does your character have any scars? _____

Where? _____

How did they get the scar(s)? _____

Does your character have any birthmarks? _____

Based on the skin's reaction to sun exposure, skin tones is classified into 6 basic categories:

- **Type I:** Light skin that always burns and never tans.
- **Type II:** Fair skin that usually burns, then tans.
- **Type III:** Medium skin that may burn, but tans well.
- **Type IV:** Olive skin that rarely burns and tans well.
- **Type V:** Tan brown skin that very rarely burns and tans well.
- **Type VI:** Black brown skin that never burns and tans very well.

Variances in each of these 6 basic classifications of skin tone occur in the form of skin undertones. Whether you have very fair or dark skin, there is an undertone to your coloring that is either warm, cool or neutral.

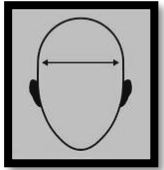
- **Warm Undertones:** The veins on the insides of your wrists have a purple-bluish hue, you look best in gold jewelry and your skin tends to get a golden or honey color from sun exposure.
- **Cool Undertones:** The veins on the insides of your wrists have a green-bluish hue, you look best in silver jewelry and your skin tends to burn or gets a rosy color from sun exposure.
- **Neutral Undertones:** It's hard to tell if the veins on the insides of your wrists appear more purple or green, gold and silver jewelry are equally complementary and you tan as well as burn from sun exposure.

Skin types refer to the condition or feel of your skin. Skin types vary based on water content, oil content and sensitivity. Regardless of skin tone and undertones, just about everyone's skin can be categorized based on these factors.

- **Normal Skin:** Not too oily or too dry with few or no imperfections, an even complexion and no sensitivity.
- **Combination Skin:** Can be oily in some areas, like the T-zone, and dry in others with overly dilated pores and a shiny complexion.
- **Oily Skin:** Oily all over with enlarged pores and a thick, shiny complexion that is prone to blackheads and breakouts.
- **Dry Skin:** All over dryness with a rough, reddish complexion, almost no visible pores, less elasticity and more visible lines.
- **Sensitive Skin:** Easily irritated skin that shows up in the form of redness, itching, burning or dryness.

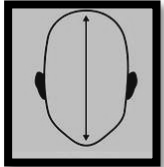
Character Physical/Aesthetic Chart : Head, Mouth, and Nose

On the first page, you notated your characters physical attributes. Here we will be a little more creative in describing your character.



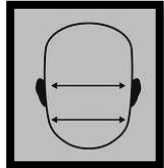
Oval

Oval faces are the most proportional out of all the shapes so just about any type of haircut and facial hair style can be pulled off. The Oval face shape is slightly longer than it is wide, with the jaw being slightly narrower than the cheekbones and having more rounded curves to the sides of your face



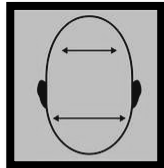
Oblong

Rectangular faces are characterized by a much longer and narrower face structure. Your chin has a very slight curve, with your forehead, cheeks and jawline being about the same width. If the jawline is angular, it may be referred to as a rectangular face.



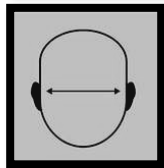
Square

With a square face, the sides of your face are straight and your jawline is more angled with a slightly rounded chin. Your face is nearly as wide as it is long (hence the square shape) with a square forehead.



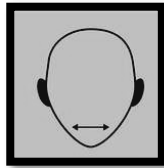
Triangular

The triangle-shaped face is the opposite of the heart-shaped face, with a slimmer forehead and a wider, squarer jaw and chin. Hairline has a lot to do with this face shape, as those with a curving hairline that comes to a point often have more triangular features.



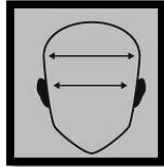
Round

Round faces are very similar to square-shaped faces, just with softer more rounded angles. The sides of your face curves outward slightly instead of straight. The chin is rounded and your cheekbones are slightly wider than the other features of your face.



Diamond

Diamond shaped faces are characterized by having much higher and wider cheekbones with a more pointed and narrow chin. You would also have a narrower hairline (which is the main difference when compared to the heart shaped face).



Heart Shaped

Heart shaped faces are very similar to the diamond face with one main difference, the hairline (forehead) is much wider. The cheekbones are still the widest feature of the face, with the chin having being more pointed and narrow.



Uneven Lips

When one side of the upper lips is not entirely symmetrical with the other. Gives a mouth an almost natural smile



Large or Full Lips

Considered the most attractive due to their natural pout. Both upper and lower lips are thick and symmetrical



Drooping or Downturned Lips

Corner of the mouth are naturally downturned



Thin Lips

No defined cupid's bow. Thin upper and lower lips.



Flat Upper Lip

When upper lip has an undefined or no cupid's bow at all



Full Upper Lip

The upper lip is full and well defined while the lower is average or thin



Full Lower Lip

The lower lip is full and plump while the upper lip is average or thin and well defined



Heart Shaped Lips

Striking and attractive cupid's bow and full lower lip are the characteristics that make this type of lips shape noticeable and give it it's heart shape



Wide Lips

Considered a generous mouth. A dominating feature



Roman Nose

The Roman nose is one of the most attractive kinds among men and women. It is straight, almost flawless, and ends with a soft curvy tip. *It is synonymous with the Aquiline nose.*



Snub Nose

This nose is small, sloping upward at the tip, so that the nostrils are visible. These types of nose shapes are generally smaller in size and they tend to be turned up too.



Celestial Nose

The Celestial nose is a pretty one with a subtle upturned tip. This Tinkerbell-like nose is quite an angelic feature.



Hawk Nose

The hawk nose is so called because it is very convex, to the extent that it almost looks like a bow. It is very thin and sharp as well. Since it resembles the beak of a Hawk, it is known as the hawk nose.



Fleshy Nose

The Fleshy nose is a large feature with an excess of 'flesh' that makes up its bulk.



Greek Nose

This type of nose is perfectly straight with no curves or hooked like shape.



Nubian Nose

This type of nose has wide nostrils. It is generally a little narrow at the top, thick and broad at the middle and wide at the end.



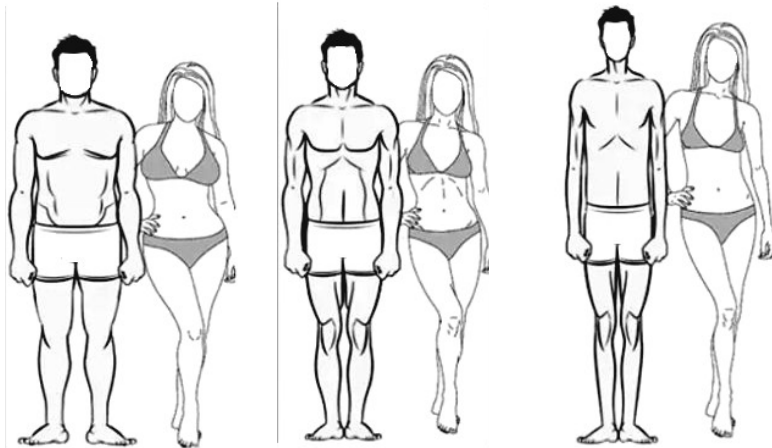
Bumpy Nose

This nose is marked by its bumpy outline, with either a subtle or prominent curve in the dip.

Character Physical/Aesthetic Chart : Build

On the first page, you notated your characters physical attributes. Here we will be a little more creative in describing your character.

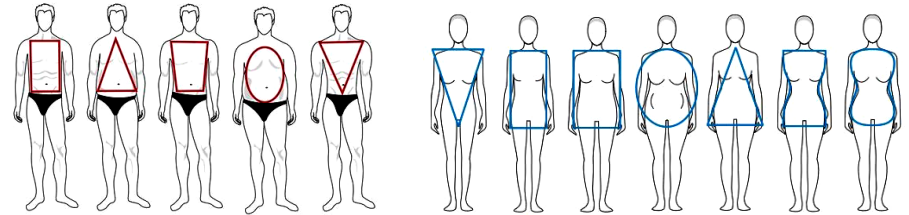
Body Types



Endomorph	Mesomorph	Ectomorph
<p>The endomorph tends to gain weight and keep it on. Their build is a little wider than an ectomorph or mesomorph, with a thick ribcage, wide hips, and shorter limbs.</p> <ul style="list-style-type: none"> • Blocky • Thick rib cage • Soft and round body • Gains muscle and fat very easily • Is generally short • "Stocky" build • Round physique • Finds it hard to lose fat • Slow metabolism • Muscles not so well defined 	<p>The mesomorph tends to have wide shoulders, a narrow waist, relatively thin joints, and round muscle bellies.</p> <ul style="list-style-type: none"> • Athletic • Generally hard body • Well defined muscles • Rectangular shaped body • Strong • Gains muscle easily • Gains fat more easily than ectomorphs 	<p>An ectomorph tends to be thin, and struggles to gain weight as either body fat or muscle. They can eat piles of food and stay looking the same. Ectomorphs tends to have a lean build, long limbs, and small muscle bellies.</p> <ul style="list-style-type: none"> • Small "delicate" frame and bone structure • Classic "hardgainer" • Flat chest • Small shoulders • Thin • Lean muscle mass • Finds it hard to gain weight • Fast metabolism

*** These body types aren't set in stone. In fact, most guys have a combination of two body types. These combinations are either ectomorph/mesomorph or mesomorph/endomorph.

Body Shapes



<p>Rectangle (40 per cent)</p> <ul style="list-style-type: none"> • Your chest, hips and waist are about the same width • Your torso shape is straight 	<p>Inverted Triangle</p> <p>Straight and squared shoulder line, little definition between waist/hips, flat hips and bottom and a bottom half that seems smaller than your top half.</p>
<p>Triangle (14 per cent)</p> <ul style="list-style-type: none"> • You are bottom heavy • Your chest is narrower than your hips • Your lower body is heavier than your upper body • You probably also have a sloping shoulder line 	<p>Lean Column</p> <p>Narrow shoulders, flat chest or small bust, small and non-defined waist, narrow hips and a flat bottom.</p> <ul style="list-style-type: none"> • Small and non-defined waist • Narrow hips and flat bottom • "supermodel body type" • Small to average sized breasts
<p>Trapezoid (13 per cent)</p> <ul style="list-style-type: none"> • Your shoulders and chest are broad • Your waist and hips are medium -narrow • Your upper torso is bigger than your lower torso • You are well-proportioned • This is known as the perfect male body shape. 	<p>Rectangle</p> <p>Straight shoulder line, straight hips and bottom, Very little waist definition, Straight ribcage.</p> <ul style="list-style-type: none"> • Your hips and bust are balanced • You probably have a bottom that is more flat than round • You tend to gain weight in your torso first and then your upper thighs and arms • Your lower legs are always shapely and one of your best assets
<p>Oval (26 per cent)</p> <p>This shape appears round, particularly in the stomach area. This often results in narrower shoulders and slimmness in the lower leg.</p> <ul style="list-style-type: none"> • Your overall appearance is round • You have a large stomach 	<p>Apple</p> <p>Rounded shoulder line, curved back, fullness around the middle and a flattish bottom</p> <ul style="list-style-type: none"> • You are generally well-proportioned • Your shoulders are broader than your hips • You are not necessarily as curvy through your hips • You don't have a well-defined waistline
<p>Inverted Triangle (5 per cent)</p> <p>Like the trapezoid, the v-shaped body or inverted triangle has broad shoulders and chest but narrower hips and waist.</p> <ul style="list-style-type: none"> • Your shoulders and chest are broad • Your shoulder, arm and chest muscles are well developed and bulky • Your waist and hips are narrow • Your upper body is significantly heavier than your lower body 	<p>Pear</p> <p>Full hips or thighs, a defined waist, shoulders that may slope and are narrower than your hips and a top half that appears small.</p> <ul style="list-style-type: none"> • Your hips are larger than your bust • Your arms and shoulders appear proportionately slimmer
	<p>Neat Hour Glass</p> <p>A defined bust, a defined waist, a neat bottom and neat hips.</p>
	<p>Full Hour Glass</p> <p>A full bust, a small waist, a rounded bottom and rounded hips.</p>

Character Physical/Aesthetic Chart

On the first page, you notated your characters physical attributes. Here we will be a little more creative in describing your character.

What special aesthetic characteristics does your character have?

Does your character have notable scars? Freckles? A small nose? Big feet?

Does your character have any piercings? Tattoos?

Give details: What do the tattoos look like? Draw it or paste a picture of it in the provided box. Where is it located on their person? Why did they get them? If they lack these extra decorations, why?

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Does your character have a disability that alters their appearance?

Give details: Have they lost one of their limbs? Do they have a genetic disorder that manifests in a physical way (such as milky corneas or enlarged bone structure)?

What's the sexiest physical characteristic of your character?

Everyone's sexy in their own special way. Is your character tall? Broad-shouldered? With a well-proportioned face? Wielding thick lips? What feature is most likely to attract people to them?

What's the ugliest physical characteristic of your character?

Everyone's ugly in their own special way. What physical characteristics are unappealing about your character? Do they have a weight problem? Big ears? A large forehead? An obtrusively visible neck-mole?

Does religion/culture dictate the character's appearance in any way?

Culture and religion play an important role in the lives of many and can have a great influence over a devoted follower's appearance. Piercings, tattoos, specific types of clothing, how one wears their hair, and so forth.

Character Physical/Aesthetic Chart

On the first page, you notated your characters physical attributes. Here we will be a little more creative in describing your character.

What accessories are ALWAYS associated with them (cane, pipe, necklace, etc.)? Why?

What's their usual level of grooming?

- Disheveled
- Smart, very put together
- Untidy but clean
- Other: _____

What style of clothes does your character wear?

- | | |
|---------------|----------------|
| • Fashionable | • Tomboy |
| • Casual | • Gothic |
| • Exotic | • Rocker |
| • Vibrant | • Vintage |
| • Sexy | • Sporty |
| • Preppy | • Modest |
| • Elegant | • Street |
| • Bohemian | • Threadbare |
| • Girly | • Ill-Fitting |
| • Country | • Traditional |
| • Punk | • Other: _____ |
| • Artsy | _____ |
| • Business | _____ |

What clothes would they wear every day on a casual basis (color, style, brand, and/or fabric)?

What clothes would they wear when attending a formal gathering? Do they wear a uniform for work?

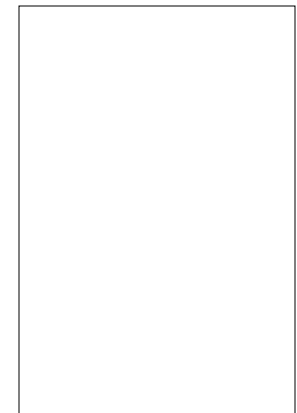
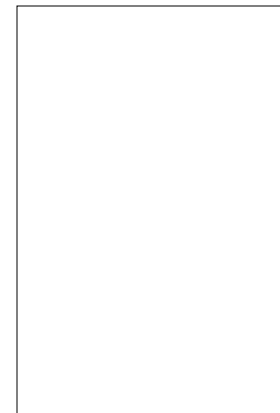
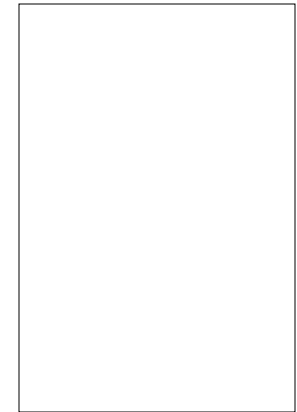
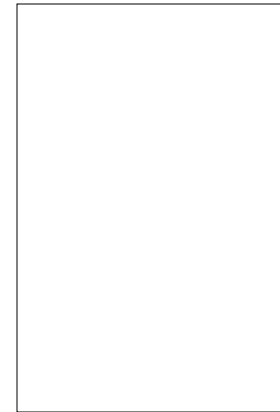
What would they wear to bed?

What type of shoes does your character wear?

Do they wear accessories (jewelry, scarves, etc.)? How much?

Style Photo Gallery

Copy/Paste, Draw, or Tape pictures of outfits and accessories your character would wear (casual, formal, etc.)



Character Physical/Aesthetic Chart

On the first page, you notated your characters physical attributes. Here we will be a little more creative in describing your character.

When your character smiles, what does their smile look like?

Do they show teeth? Is it broad? Do they dimple? Do they prefer to smirk?

What does your character's laugh sound like?

High-pitched? Low-pitched? Nasal? Guttural?

Bonus Question: What sort of things would make your character laugh?

How do they talk (rapid, slow, measured, drawl, loud, etc.)?

What's the style of their speech (elevated, educated, peppered with slang, etc.)?

Do they have an accent?

What are some memorable things your character has said that showcase their unique voice?

How do they walk?

- Confident, powerful strides
- Direct, Purposeful strides
- Lazy stroll
- Fast, walks at a clip
- Distracted, eyes on the ground
- Other: _____

Posture:

- Stiff, Military
- Slouching
- Casual and Relaxed
- Arms Crossed, Closed-Off
- Other: _____

Do they gesture?

- Only when agitated or eager
- Doesn't gesture
- Compulsive "hand-talker"
- Controlled, only to make a point
- Other: _____
 - If so, explain: _____

How much eye contact do they like to make (direct, shifty, etc.)?

How emotive are they? Do they wear their emotions on their sleeve? How easily can others to read them? Explain.

How does your character express anger?

Is your character likely to yell? Become physically violent? Retreat? Become somber?

Does your character cry?

How often? Just when they're alone, or in the company of others? With intensity or with quiet tears?

Bonus Question: What sorts of things would make them cry?

How does your character express their happiness/joy?

Is your character likely clap their hands together, do a little dance, or do they just smile.

Character Beliefs Chart

What do they believe in spiritually and passionately?

Is your character religious? Yes No

If so, what faith and to what level of devotion?

If no, are they spiritual? Yes No

Explain: _____

How does your character view those of other faiths?

If they are not religious or spiritual, what is the reason?

Do they share the same beliefs as their family?
If no, how does this affect them?

How does the character imagine the afterlife?

What Superstitions does your character believe in? How superstitious are they?

Do they believe in astrology? Yes No

What is their zodiac sign? _____

What are some characteristics of their sign?

1. _____
2. _____
3. _____
4. _____

Does the character believe their zodiac sign resembles their personality in any way?

Why or why not? _____

Are they accurate? _____

What do they think is the worst thing that can be done to a person?

What is their view of 'freedom'?

When did they last lie?

What's their view of lying?

When did they last make a promise?

Did they keep or break their last promise?

Character Introspection Chart: Part 1

An examination of the character's mental and emotional processes.

What is your character's biggest goal in life?

Everyone has a narrative that structures their life. What objectives is your character moving toward? If they lack a strong objective, how does that impact their behavior and outlook?

What does your character believe is their greatest virtue? Do others agree or disagree?

What does your character believe is their greatest vice? Do others agree or disagree?

What motivates your character most?

Are they driven by sex, money, connection, fame, pride, respect? Are they honest with themselves and others about these motives?

Is your character materialistic?

What experiences or beliefs are linked to this?

Is your character objective-oriented?

If so, what are some goals they have accomplished in the past?

Would your character rather be a great person or a good person?

Sometimes in life we have to choose; which of these is more important to them?

Would your character rather be hated for being who they are or loved for pretending to be someone else?

Sometimes in life we have to choose; which of these is more important to them?

Is your character an introvert, extrovert, or ambivert?

How introverted or extroverted are they, and when do these characteristics manifest?

Is your character creatively expressive?

If so, how do they express that creativity? How much of their sense of identity is tied to that creative expression?

What's your character's disorder?

Manic-depressive? Obsessive-compulsive? Attention-deficit? Anxiety? Narcissism? We're all crazy. What's their crazy's name?

What is your character's standard emotional state?

How happy or sad are they normally? What is their go-to emotion when things get rough?

What is your character's major learning style?

Are they auditory, visual, kinesthetic, or some combination?

Do they want to be remembered? What for?

Character Introspection Chart: Part 2

What makes them happy and what makes them cringe.?

When asked to describe who they are, what would your character say?

What question was not on this questionnaire that the character thinks we MUST know about them?

How would your character complete these sentences?

I am a _____.

Surgeon, dancer, mother, Christian, socialist, activist, Canadian, train-wreck. What is the primary element of your character's self-perceived identity?

Life is an act of _____ing.

Loving, struggling, dying, creating, dancing, exploring. What does life boil down to? What metaphoric action is most appropriate?

Self-Reflective Questionnaire for your Character

Am I using my time wisely? _____

Am I taking anything for granted? _____

Am I living true to myself? _____

Am I waking up in the morning ready to take on the day? _____

Am I putting enough effort into my relationships? _____

Am I taking care of myself physically? _____

Am I letting matters that are out of control stress me out? _____

Am I achieving the goals that I've set for myself? _____

What worries me most about the future? _____

Am I holding on to something I need to let go of? _____

What matters most in my life? _____

What am I doing about the things that matter most in my life? _____

Have I done anything lately worth remembering? _____

What have I given up on? _____

When did I last push the boundaries of my comfort zone? _____

What small act of kindness was I once shown that I will never forget? _____

What do I need to change about myself? _____

Is it more important to love or be loved? _____

Would I break the law to save a loved one? _____

Would I steal to feed a starving child? _____

Which is worse: failing or never trying? _____

Does it really matter what others think about me? _____

To what degree have I actually controlled the course my life has taken? _____

If I could talk to my teenage self, the one thing I would say is: _____

The words I'd like to live by are: _____

I couldn't imagine living without: _____